

Specialized Dementia Care

Centre for Dementia Care

The T. Roy Adams Regional Centre for Dementia Care is comprised of two distinct components—a respite care centre and a complex care centre.

The Adams Centre supports family caregivers through the respite care centre and supports residents with complex care needs, and their families, through the specialized care of the complex care centre. All nursing staff dedicated to the Centre have specialized dementia care training and experience. These specialized services can be accessed by residents living anywhere in Niagara.

The T. Roy Adams Regional Centre for Dementia Care is located at:

403 Ontario Street
St. Catharines, ON
L2N 1L5
905-934-3364

The Centre provides care for variable short periods of time with the goal of returning the client/resident, with appropriate supports, to his or her original local community or facility setting.

The Respite Care Centre has been planned to achieve the following:

- Provide a small and secure residential-style facility for up to eight people, typically living in the community, for overnight or for several weeks
- Enhance clients' functional abilities and quality of life
- Support caregivers with respite from their demanding caregiver role
- Meet identified community needs

Access to the Respite Care Centre can be arranged through the CCAC (phone 1-800-263-5480 or 905-684-9441) and/or through Seniors Community Programs (phone 1-877-212-3922 or 905-984-2621).

The Complex Care Centre has been planned to achieve the following:

- Provide a small and secure residential-style facility for up to 17 people, typically living in other long-term care



facilities, for up to 90 days (with a possible extension of an additional 90 days)

- Assess residents, including behaviour and medication needs
- Support other facilities and family caregivers
- Meet Niagara District Health Council (NDHC) identified community needs

Access to the Complex Care Centre can be arranged through the CCAC (phone 1-800-263-5480 or 905-684-9441), which will determine the suitability of the applicant with the Adams Centre Admissions, Treatment and Discharge Team.

Respite Companion Program:

Seniors Community Programs operates the Niagara Region's Respite Companion Program. This program is designed to provide a quality in-home respite service for persons with dementia and their caregivers. Respite workers are trained to provide supervision, sensory stimulation, companionship and meaningful activity to individuals with memory loss, in their own homes, while offering relief to the primary caregivers.

For information about the Respite Companion Program, please call Seniors Community Programs at 905-984-2621 or 1-877-212-3922.

Adult Day Service:

Adult Day Service primarily serves older adults who are living alone or with family in the community, and who require active involvement in a formalized group setting. The service also provides family caregivers with respite from the demanding caregiver role.

The Niagara Region operates nine Adult Day Services. Although each program can accommodate individuals with memory loss, the Martindale and Adams Day Programs, located at Linhaven in St. Catharines are exclusively for persons with dementia.

