

What is Positive Discipline?

Positive Discipline is not physical punishment

Positive Discipline teaches and guides children so they feel safe and secure.

Be positive with discipline because how you teach is as important as what you teach.



Parent Talk Information Line
905-688-8248 or 1-888-505-6074
extension 7555

Niagara  Region
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Positive Discipline helps your child to:

- Make good choices
- Get along with others
- Treat others with respect
- Learn to solve problems
- Be confident
- Develop self control
- Know the consequences of his actions

Positive Discipline does NOT

- Frighten
- Hurt
- Criticize
- Shame
- Cause guilt
- Break trust
- Reject
- Force children to obey

- ✓ Using positive discipline will help to improve communication and create a strong relationship between you and your children
- ✓ Using positive discipline will help your children become happy, responsible, caring, and emotionally mature
- ✓ Using positive discipline will help build a lifelong positive relationship with children - spend time together, play and listen to them in order to determine their needs

The Canadian Paediatric Society suggests that children be disciplined according to their “age, stage of development, and personality.”

Caring For Kids (2004). Effective discipline: A healthy approach Retrieved June 7, 2006 from:
<http://www.caringforkids.cps.ca/behaviour/EffectiveDiscipline.htm#discipline>