



She says:

"We often bicker about who does more around the house. I don't think he realizes just how much time caring for a baby really takes!"

He says:

"Sometimes I'm made to feel like I do nothing around the house. Doesn't she realize that repairs around the house take a lot of time!"

Sit back and take a realistic look at your present workload and at how you see things changing once a baby enters the picture.

Partner (or support person)	Share The Work	Hers
I do this job: 1) Never 2) Sometimes 3) Always	Tasks	I do this job: 1) Never 2) Sometimes 3) Always
Laundry		
	machine washing, folding, and putting away	
	ironing	
	dry cleaning drop off and pick up	
Food		
	planning meals	
	cooking	
	packing lunches	
	meal cleanup and dishes	
Shopping		
	groceries/household needs	
	holiday/birthday gifts	
Housework		
	cleaning floors	
	dusting	
	cleaning bathroom	
	cleaning kitchen	
	general tidying	
	vacuuming	
	changing bed liners	
	major cleaning (oven, windows)	
	taking out the garbage and recycling	

Indoor/Outdoor Maintenance		
	major projects (painting, renovating)	
	minor projects (fixing leaky taps)	
	dealing with trades people	
	lawn care	
	shovelling snow	
	gardening	
Car		
	arranging maintenance and repairs	
	doing maintenance and repairs	
	cleaning	
Finances		
	paying bills	
	balancing the cheque book	
	handling investments	
	negotiating loans, mortgage	
Animal Care		
	feeding the animals	
	walking the dog	
	cleaning cages/litter boxes	
	making trips to the vet	
Holidays and Entertainment		
	planning holidays	
	packing for holidays	
	planning get-togethers with family and friends	